

Patient: _____

Date: _____

Healthcare Provider: _____

Enfamil A⁺® EnfaCare® Infant Formula Mixing Instructions

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.



To make	<input checked="" type="checkbox"/>	Initial Water Volume - mL (fl oz)	Enfamil A ⁺ EnfaCare Powder to Add
22 CALORIES per fl oz 0.74 CALORIES per mL	<input checked="" type="checkbox"/>	120 mL (4 fl oz)	2 Tbsp + 2 tsp
	<input type="checkbox"/>	950 mL (32 fl oz)	1 c + 1/3 c + 1 Tbsp + 1 tsp
24 CALORIES per fl oz 0.81 CALORIES per mL	<input checked="" type="checkbox"/>	120 mL (4 fl oz)	3 Tbsp
	<input type="checkbox"/>	950 mL (32 fl oz)	1 c + 1/2 c + 1 Tbsp + 1 tsp
26 CALORIES per fl oz 0.88 CALORIES per mL	<input checked="" type="checkbox"/>	120 mL (4 fl oz)	3 Tbsp + 1 tsp
	<input type="checkbox"/>	950 mL (32 fl oz)	1 c + 2/3 c + 1 Tbsp
28 CALORIES per fl oz 0.95 CALORIES per mL	<input checked="" type="checkbox"/>	120 mL (4 fl oz)	3 Tbsp + 2 tsp
	<input type="checkbox"/>	950 mL (32 fl oz)	1 c + 3/4 c + 2 Tbsp
30 CALORIES per fl oz 1.01 CALORIES per mL	<input checked="" type="checkbox"/>	120 mL (4 fl oz)	1/4 c
	<input type="checkbox"/>	950 mL (32 fl oz)	2 c + 2 tsp

Note: All household measurements (c = cup, Tbsp = tablespoon, tsp = teaspoon, mL = milliliter, oz = ounces) are approximations and should be unpacked and level. Some measurements may be identical in order to utilize household measurements instead of grams. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.